Mucormyosis: Risk factors, treatment challenges and optimising management



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The COVID-19 pandemic in the UK: Challenges and lessons learned

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Challenges during the onset of the COVID-19 pandemic

- Uncertainty during each wave due to lack of knowledge about the virus
- First wave involved overnight switch to remote consultations to provide adequate protection and infection control
 - Physicians needed to develop different communication skills
 - Issues with connectivity for video calls; need to be able to see and assess patient
- Keeping up to date with changing guidelines
 - As we developed knowledge, guidelines changed frequently
- Assessing and communicating with the patient
 - Reassuring patient when required
 - Safety netting so patients knew when to seek further medical help



Factors affecting the decision to send a patient to hospital

Clinical assessment – heart rate, breathing rate, O₂ saturation, blood pressure



Comorbidities/risk factors -

diabetes, heart disease, age etc. conferred greater risk for disease severity



Intuition – best to liaise with hospital if intuition suggested potential problems



Lack of improvement – deterioration in second week



Lessons for the future

Remote consultations – provided reassurance, monitoring and infection control.

Organizing 'hot hubs' – contained spaces were created for COVID-19 patients. These had adequate PPE and clinicians who soon developed expertise.

covided to patients to support them at home. This has been a game changer.

Standardized pathways –

when to escalate treatment.

These were communicated to wider medical community, keeping everyone involved and engaged, and standard operating procedures were regularly published.

What was done well?

Collaborative approach -

use of volunteers to help elderly/ vulnerable with access to food/ medication, wider collaboration with pharmacists, social care etc.

